



ARE YOU IN PAIN?

Did You Know... an injection of Platelet Rich Plasma (PRP) derived from your own blood enhances your body's ability to heal itself?

This affordable treatment — already used by hundreds of elite athletes and practiced by leading orthopedic surgeons — can be used to treat many orthopedic conditions such as:

- Tennis or golfers elbow
- Arthritis or degenerative joint disease of the hips, knees, shoulders, or ankles
- Meniscal tears and jumper's knee
- General knee pain and stiffness
- Foot and ankle tendon and ligament tears or tendinosis
- Plantar fasciitis
- Bursitis
- Labral tearing
- Rotator cuff injuries
- Other musculoskeletal ailments

KNOW BEFORE YOU GO...

You need the knowledge to make the right choice for your treatment. **Visit BeforeSurgery.com to find articles about PRP relating to your particular ailment as well as a list of preferred providers.** Your doctor will determine if PRP is the correct treatment for your condition.

Based in Atlanta for nearly 25 years, **BeforeSurgery.com** has earned the trust of more than 60 hospitals, including five of Georgia's largest health systems, and the top orthopedic practices and surgeons in the Atlanta area.

GET TO KNOW US...



Our featured preferred provider this month is Georgia Orthopedics & Sports Medicine, conveniently located in Convington, Ga. **BeforeSurgery.com** and Drs. Riley and Tomlins of Georgia Orthopedics and Sports Medicine will be available for questions regarding this therapy at a complimentary wine tasting at 5:30 p.m. June 11 at Richard's Wine Bar.

For more on PRP's wide range of treatments — such as next month's featured offering of facial rejuvenation, rehydration, and remodeling — go to **www.BeforeSurgery.com** or look for future advertisements in Inside the Gates.

PRP was initially developed in the 1970s and first used in 1987 in an open heart surgery procedure. Over the last two decades, this therapy — which expedites the body's own innate healing process by five to seven times — has been extensively studied by top surgeons in a wide range of areas. Used effectively by the likes of Tiger Woods and Kobe Bryant, PRP is now available to the weekend warrior. ***It may be the most effective treatment you've never heard of.***